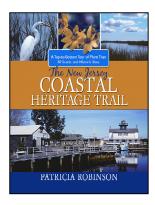
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The New Jersey Coastal Heritage Trail

New Book Takes a Fresh Look at More Than 50 Scenic and Historic Sites

July 2, 2007, Medford, New Jersey—Plexus Publishing, Inc. has announced the publication of The New Jersey Coastal Heritage Trail: A Top-to-Bottom Tour of More Than 50 Scenic and Historic Sites by Patricia Robinson.

The state of New Jersey has a wealth and variety of historic and scenic locations, many of them located along the 275-mile stretch of coastline known as the New Jersey Coastal Heritage Trail. Created by an act of Congress in 1988, the trail runs from Perth Amboy Harbor in the northeast of the state to Fort Mott State Park in the southwest. It provides for public appreciation, understanding, and enjoyment of important natural and cultural sites associated with New Jersey's unique coastal areas.

For each of the 54 sites along the trail, author and photographer Patricia Robinson (*Wonderwalks*) provides a description, driving directions, hours of operation, contact data, historic and natural details, photos, and trivia. She includes recommendations on where to go to enjoy a variety of outdoor activities—from bird-watching to biking, camping, crabbing, dining, hiking, paddling, picnicking, swimming, walking, windsurfing, and much more. For Garden State residents and visitors alike who wish to visit sites along the trail, this well-organized, fully illustrated guide is designed to make it fun and easy.

"The New Jersey Coastal Heritage Trail provides an excellent overview of the trail as well as detailed information about the many sites and historical happenings up and down the Atlantic and Delaware River Coasts of New Jersey," writes former New Jersey Governor Thomas H. Kean in the foreword to the book. "With Pat Robinson's help, readers can relive New Jersey's own colonial tea party in Greenwich, track the seasonal migration of birds in Cape May, or immerse themselves in the storied history of the Navesink Twin Lights."

"I've traveled up and down this coastline in search of the perfect picture for many years, and thought I'd seen it all," said Steve Greer, author and photographer of *Our New Jersey*. "That is, until this eye-opening guidebook revealed many locations that I have overlooked. It's clear, accurate, and thorough, and readers will especially appreciate the hundreds of color photos and the author's conversational, down-to-earth writing style. This is a must-read for anyone exploring New Jersey's Coastal Heritage Trail."

The book is organized in four parts covering the designated areas of the trail: Sandy Hook Region, Barnegat Bay Region, Absecon and Cape May Regions, and Delsea Region. Color coded tabs for each part make it easy to locate interesting sites within a given region, greatly improving the reader's ability to make impromptu side trips. In addition to the foreword by Governor Kean, the book's unique features include a list of recommended trail sites for specific activities and suggestions for further reading, including books and Web sites.

Book Signings

Patricia Robinson will sign copies of *The New Jersey Coastal Heritage Trail* at Borders Books and Music in Bridgewater, NJ, on Wednesday, August 8, 2007 from 7:00 to 9:00 P.M. She will also be signing her book at the Borders Books and Music in Eatontown, NJ, on Wednesday, August 22, 2007 from 7:00 to 9:00 P.M.

Patricia Robinson is a lifelong resident of New Jersey. She has been a freelance travel writer, a public relations executive, a trade magazine editor, and, most recently, an award winning reporter/photographer for a chain of weekly newspapers in Central New Jersey. She is the author of *Wonderwalks*: *The Trails of New Jersey Audubon* (Plexus Publishing, Inc., 2003).

The New Jersey Coastal Heritage Trail: A Top-to-Bottom Tour of More Than 50 Scenic and Historic Sites (320pp/softbound/\$19.95/ISBN 978-0-937548-58-5) is published by Plexus Publishing, Inc. The book is available in bookstores and by contacting the publisher directly at (609) 654-6500, ext. 144; fax: (609) 654-4309; e-mail: info@plexuspublishing.com; and Web: www.plexuspublishing.com.

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